

THE FLU VACCINE IS HERE!



Why You Get the Flu Shot?

Protect yourself and your loved ones from the flu this season by getting your flu shot. It's a quick and easy way to safeguard your health and reduce the risk of flu-related complications.

- **Reduced Risk of Severe Illness:** The flu shot significantly lowers the chances of getting seriously sick or hospitalized due to the flu.
- **Reduces Spread:** Lowers the risk of spreading the flu to others.
- **Protecting Loved Ones:** Getting vaccinated also protects your family, friends, and community by reducing the spread of the virus.



How to Schedule an Appointment:

- Speak with a staff member at your preferred PHN location.
- Visit our website at primary-health.net to schedule online.

Scan to learn more!

